

The Rotary Club of Suffield

The Tobacco Leaf

www.suffieldrotary.org



Managing Editor: Ed Garvey Suffield High School Suffield, CT 860-668-3810
 Assistant Editor: Open!

Regular Meeting: May 6, **2008**
 Rotary Week: 44
 Members Attending: 21 of 37=58%
 Guests: Patty Ahrens, Dick Crosby, Mike, Cathy, Ashley, and Amanda Thibedeau
 Visiting Rotarians:
 Make-Ups
 (Members should give or send make-ups to Ed Garvey, Suffield High School, Suffield CT)
 Birthday: Frank DiGennaro
 Anniversaries:
 Fines & Happy Dollars: 31
 Primary Raffle Winner: Garv
 Secondary Raffle Winners: Patty Ahrens and Don

Queen of Hearts: Mike Thibedeau



Pot: \$520
Queen of Hearts
3 of Spades

The Four Way Test:

Of the Things We Think, Say or Do:

First:

• **IS IT THE TRUTH?**

Second:

• **IS IT FAIR TO ALL CONCERNED?**

Third:

• **WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIP?**

Fourth:

• **WILL IT BE BENEFICIAL TO ALL CONCERNED?**

Meeting Notes

Scott opened the meeting with the Pledge of Allegiance, the Four Way Test, Grace and a song.

Scott announced that this past weekends plant sale grossed a total of \$12,915 not bad for a cloudy weekend. Peter Das reports all paperwork is in for the car raffle. This years scholarship committee was announced as Tom Jones , Gordan Stagg, Paul Pace, Elaine O'Brien, and Ed Garvey.

Ken Pascoe will chair and Dan Kehoe will emcee this years Paul Harris on June 24th.

Remember the District 7890 Book Drive- May 6, 13, & 20-new or like new K-3 books.

We had the pleasure of meeting our May Rotary student of the month Amanda Thibedeau and her family. She works at The Farmer's Daughter and has numerous awards as a volunteer firefighter and EMS. She has also been awarded the very prestigious Heroic Sprit Award.

CALENDAR OF EVENTS

May 13	Business Meeting
May 14	District Assembly
May 20	Dr. Tom Bocket
May 25	Bixler Picnic
June 7	Relay for Life
June 7	RYLA
June 24	Paul Harris

39 Members as of: April 15, 2008

*Paul Harris Fellow, H= Honorary

	Home	Office
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<input checked="" type="checkbox"/> Das Peter (Natalie)	668-7677	
<input type="checkbox"/> Dick Chapman* (Judy)	633-0277	633-6811
<input checked="" type="checkbox"/> DiGennaro, Frank* (Linda)	668-6056	528-7000
<input type="checkbox"/> Fletcher, Ralph* (Tori)	668-5404	668-1226
<input checked="" type="checkbox"/> Fuller , Sam*	668-4288	
<input checked="" type="checkbox"/> Garvey, Ed (Jane)	668-0643	668-3810
<input type="checkbox"/> Goff, Kevin* (Carol)	668-4161	289-3474
<input checked="" type="checkbox"/> Hermann, George (Janine)	668-3850	
<input type="checkbox"/> Hoffacker, Christine* (Allen)	668-5843	668-5843
<input type="checkbox"/> Jamrog, Jason (Andrea)	292-8588	668-7324
<input checked="" type="checkbox"/> Johnson, Dave* (Winnie)	668-7215	
<input checked="" type="checkbox"/> Jones, Tom (Susan)	643-8119	668-3810
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<input type="checkbox"/> Lee, Luis (Heather)	668-0729	668-1347
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<input type="checkbox"/> Malec, Bill* (Lynn)	668-0850	623-6618
<input type="checkbox"/> Manzi, Michael (Evelyn)	647-9105	668-3870
<input type="checkbox"/> McCarty, Dottie*	668-5778	
<input checked="" type="checkbox"/> Miner, Don* (Debby)	668-6631	982-3100
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Managing Editor: Ed Garvey Suffield High School Suffield, CT 860-668-3810
 Assistant Editor: Open!

Regular Meeting: May 13, 2008
 Rotary Week: 45
 Members Attending: 24 of 37=65%
 Guests: Spen Montgomery
 Visiting Rotarians:
 Make-Ups
 (Members should give or send make-ups to Ed Garvey, Suffield High School, Suffield CT)
 Birthday:
 Anniversaries:
 Fines & Happy Dollars: 27
 Primary Raffle Winner: Tom Sullivan
 Secondary Raffle Winners: Kevin and Angie

Queen of Hearts: Paul Pace



Pot: \$544
Queen of Hearts
 6 of Spades

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Meeting Notes

Scott opened the meeting with the Pledge of Allegiance, the Four Way Test, Grace and a song. Scott announced that this past Saturday's plant sale along with last weekends sales totaled \$20,824. Slightly ahead of last year-not bad for the weather. Peter Das reports all paperwork is in for the car raffle and tickets are printed and ready to be picked up by members. Remember the District 7890 Book Drive-May 6, 13, & 20-new or like new K-3 books. Next week is the last week.

A business meeting was held this morning-donations were made to the Suffield Senior Center, Best Buddies, and Casy Mori. A gift certificate was presented to Spaulding School in honor of our guest, Spen Montgomery. We received thank you notes from
 McAister School-Book
 SHS Safe Parties
 American Cancer Society
 Emergency Aid-ramp

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May 25	Bixler Picnic
May 27	Best Buddies
June 3	Student of the Month
June 7	Relay for Life
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 Birthday:
 Anniversaries: Bob Lowell & Linda Stevenson 5/17, Ken & Paula Pascoe 5/19
 Fines & Happy Dollars: 27
 Primary Raffle Winner: Dale Baker
 Secondary Raffle Winners: Paul Pace & Bob Lowell

Queen of Hearts: **President Scott Seabury**, turns out he is **NOT A LOSER**- but not a winner at cards

 Pot: \$566
Queen of Hearts

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Meeting Notes

How to live to be 100

Tonight's guest speaker was Tom Bocket who presented a plan for good health and "compressed morbidity". The bad news is someday were all going to pass away. The good news is if we follow the five commandments of good health, maybe the time of serious illness can be shortened. The five commandments are as follows;

- 1- Don't Smoke-
- 2- Manage Stress
- 3- Get Exercise
- 4- Keep Trim
- 5- Avoid Social Isolation

Number five is just one more reason to attend rotary club meetings.

The Car is IN! Ticket sales are going well; if you haven't picked up yours yet see Peter Das. Remember we are only selling a 1000, so don't be left out.

The District 7890 Book Drive has been a success and it looks like 2 cartons will be sent to the convention in LA from our club.

The Bixler picnic is Sunday May 25th from noon – five, tickets are available at First National Bank or from Kevin Goff, \$15. Last year's picnic was a huge success and this year's plans are to be even better.

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